

Sam Seddigh

Head of Employment & Benefits | Partner

CV

PRACTICE AREAS

Employment and Benefits

Sam Seddigh is a Partner of Vinge's Employment & Benefits team. He has extensive experience from having worked with a broad range of employment related matters for almost 15 years, including complex reorganisations and redundancies, termination matters, international outsourcings, transactions, pension matters and investigations. He also assists clients in disputes in both courts and arbitrations. He has a deep understanding and experience from the Tech and Energy sectors, having worked as an in-house counsel at Spotify, where he headed Spotify's EMEA Employment Law practice, and Vattenfall.



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MENTIONS

"Sam Seddigh is knowledgeable in a wide range of employment law mandates, from restructurings to c-suite dismissals. He further assists clients with work environment investigations and the implementation of EU directives." Chambers & Partners 2026

Education

LLM, 2008

Experience

Roschier Law Firm, 2022-2023

Spotify AB, 2018-2022

Vattenfall AB, 2015-2018

Mannheimer Swartling Law Firm, 2009-2016



VINGE

Vinge is a full service business law firm with leading expertise within all areas of business law. We are a total of more than 550 co-workers at our offices in Stockholm, Gothenburg, Malmö and Brussels.



<https://www.vinge.se/en/our-people/sam-seddigh/>